

MANIFEST 2020: FINDING MY TAPAS

"THE ANSWERS REVEAL THEMSELVES IN THE DOING"

-Jen Sincero



WHAT I WANT TO
ATTRACT IN MY LIFE:



LAW OF ATTRACTION - LIKE ATTRACTS LIKE

WHAT I WANT TO
SUBTRACT FROM MY LIFE:



I'LL TAKE CARE OF ME BY:

SOUL
STRETCH
YOGA

MY PATH TO MY 2020 DESTINATIONS:



QUOTE TO INSPIRE ME: